

Working together to make a better world

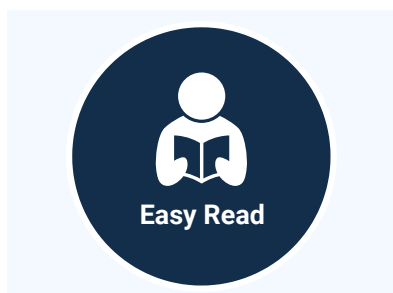
Easy Read guide
2023



How to use this guide



The Commons librarians wrote this guide.



We wrote this guide in an easy to read way.

We use pictures to explain some ideas.



If you would like this guide in an alternative format please contact us.

Contact details are at the end of this guide.



You can ask for help to read this guide. A friend, family member or support person may be able to help you.

Helpers



This guide is about people who work to make good things happen in their communities.



There are four important ways to do this.



The first way is to be a helper.



Helpers are people who care about others and want to make their lives better.



They might help at charities or help their neighbours.

Organisers



The second way is to be an organiser.



Organisers are like leaders.



They bring people together and help them work together for a common goal.



They might start campaigns to raise awareness about important things.

Advocates



The third way is to be an advocate.



Advocates speak up for what they believe in.



They might write letters to important people about things they want to change.



They try to convince others to care about the same things they do.

Protestors



The fourth way is to be a protestor.



Protestors are people who want to make big changes.



They might speak out against unfair rules or laws.



They want to get people to pay attention to important problems.

Protestors



They might have a **protest**.



A **protest** is an event or action where people stand up for their rights in public.



They might start a **blockade**.



A **blockade** is when a group of people stop activities they think will hurt the environment by using their bodies.

Working together



These four ways to make change are all important.

- helper
- organizer
- advocate
- protestor



People can choose which way suits them best.



People can change their mind and try a different way.



Contact us



You can email us.

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You can visit our website.

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More information

The information in this Easy Read is based on the [The Four Roles of Social Activism](#) by Bill Moyer.



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Acknowledgement of Country

The Commons Library recognises the First Nations people of Australia.



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