

# Spectrum of Allies

Easy Read guide  
2023

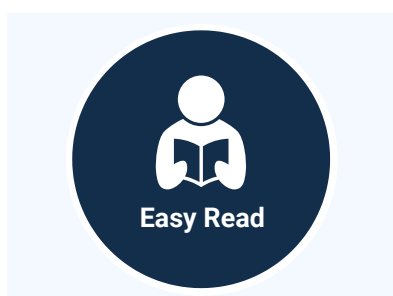


## How to use this guide



The Commons librarians wrote this guide.

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We wrote this guide in an easy to read way.

We use pictures to explain some ideas.

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If you would like this guide in an alternative format please contact us.

Contact details are at the end of this guide.

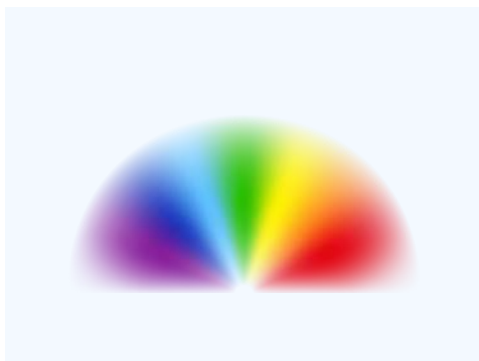
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You can ask for help to read this guide. A friend, family member or support person may be able to help you.

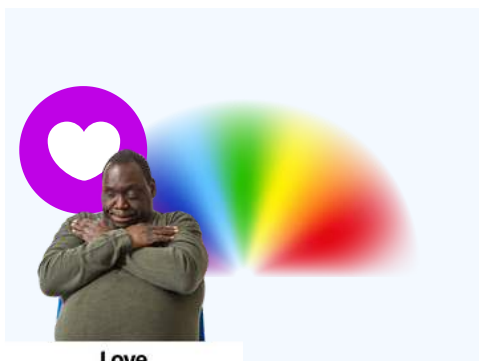
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# What is a Spectrum?



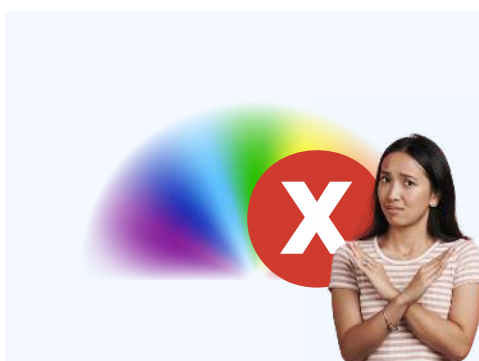
A spectrum is a range of opinions.

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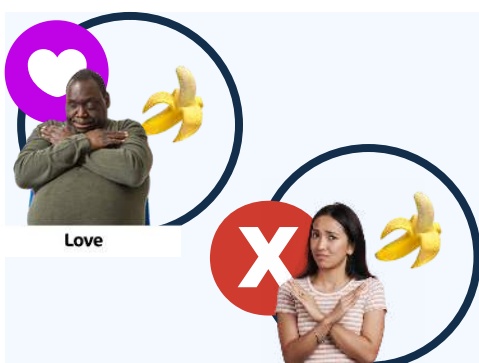
On one end of the spectrum is someone with a strong view.

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On one end is someone with the opposite view.

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For example:

Opinion A loves bananas

Opinion B hates bananas

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The people in the middle do not have an opinion.

# What is a Spectrum of Allies?



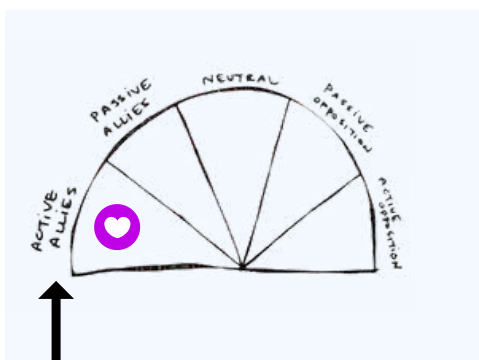
An **ally** is a person who supports your cause.

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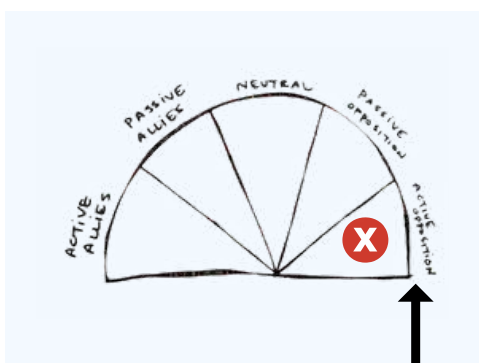
For example a disability ally supports disability rights.

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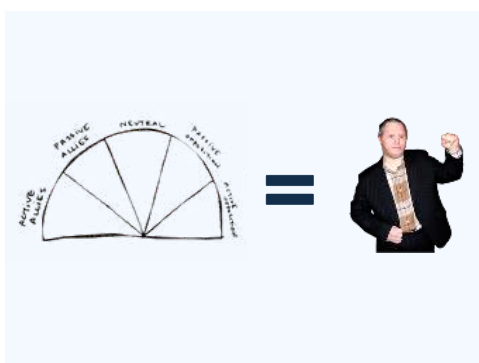
On one end of the spectrum are people who strongly support your cause.

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On one end are people who strongly oppose your cause.

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A spectrum-of-allies shows which **social groups** may help us.

## What are social groups?



A **social group** is a collection of people.

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For example a **social group** may include:

1. Students or
  2. Workers.
- 



A **social group** should be specific.

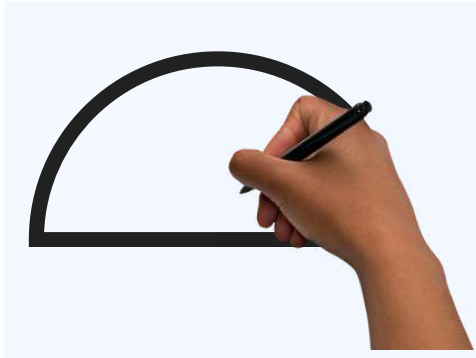
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For example

1. Students from specialist schools or
  2. Disability Support Workers.
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## How to Make a Spectrum-of-Allies



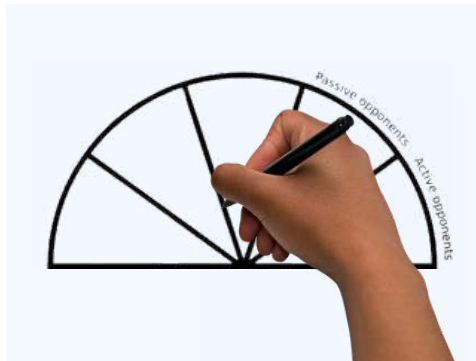
1. Draw a “half-pie”

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2. Divide the half-pie into 5 slices

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3. Label each of the 5 slices

You can find the labels on the next page

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# Spectrum-of-Allies Labels



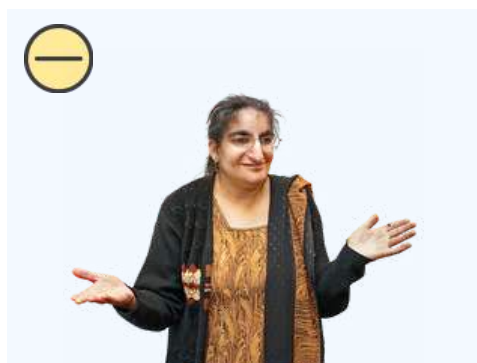
**Active Allies** are people who agree with you and are fighting alongside you.

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**Passive Allies** are people who agree with you but are not doing anything about it.

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**Neutrals** are people who are not involved or do not know about the issue.

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**Passive opposition** are people who disagree with you but are not actively trying to stop you.

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**Active opposition** are people actively organising against you.

# How to Use a Spectrum-of-Allies



Write your social groups into the correct slice.



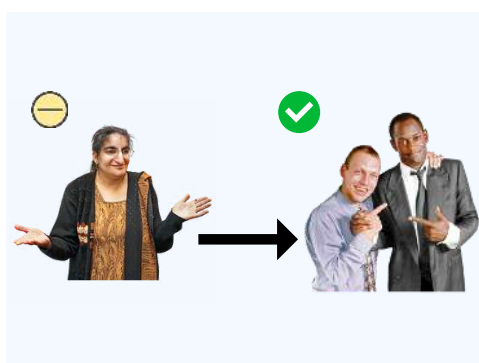
For example, disability support workers would be **active allies** of disability justice.



Disability support workers are **active allies** because they fight for the cause.



The goal is to move **passive allies** into **active allies**.



And to move **neutrals** into **passive allies**.



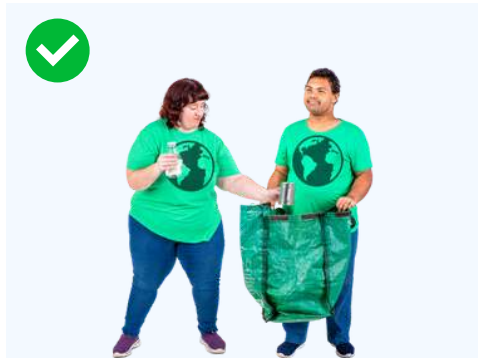
# How to Target Each Group



## Active allies

Celebrate your active allies.

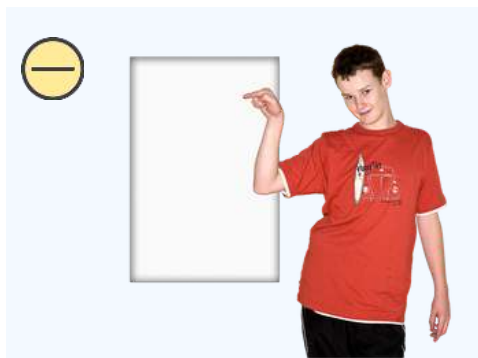
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## Passive allies

Encourage them to be active in their support.

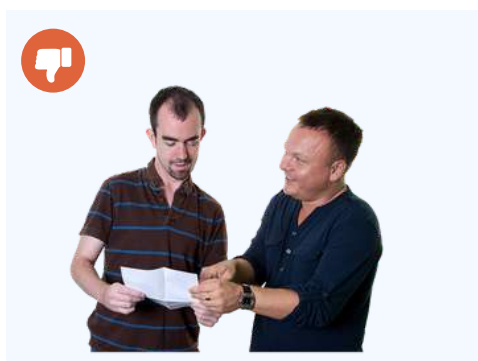
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## Neutrals

Focus on teaching them about your cause.

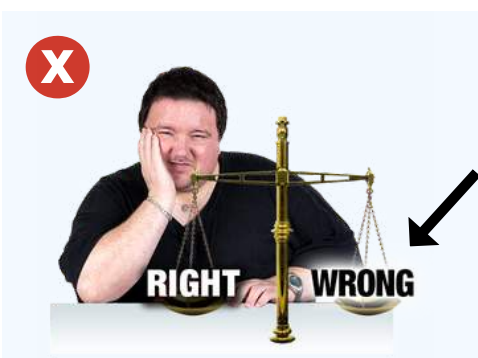
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## Passive Opponents

Show how active opponents arguments are not true or weak.

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## Active Opponents

Prove their arguments are not true or weak.

## Contact us



You can email us.

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This Easy Read guide is based on the article [Spectrum of Allies](#) by [Nadine Bloch](#) in the Commons Library.



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