How to frame issues for social change impact

A collection of research & recommendations for narrative & messaging on a range of issues
This research has been collated by Antje Dun from the Commons Social Change Library in March 2020. Note: The brief summaries of each resource have been taken from the source documents with some minor edits. The research is continually being updated. To see the latest version see this https://www.commonslibrary.org/issues-framing-guides

The Commons Social Change Library is an online resource freely available to anyone with an internet connection. The library includes articles, manuals, training materials and practical guides to inform and equip the Australian public to influence public policy and engage in political structures. Resources are gathered from Australia and around the world on a broad range of topics including campaign strategy, organising, digital campaigning, communications and media, working effectively in groups, diversity and inclusion and much more.

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It is easy to forget how mysterious and mighty stories are. They do their work in silence, invisibly. They work with all the internal materials of the mind and self. They become part of you while changing you. Beware the stories you read or tell; subtly, at night, beneath the waters of consciousness, they are altering your world.

Ben Okri, Author
Looking for research on how to frame an issue on a certain topic area?

Here is a collection of reports, articles, videos and podcasts on a variety of issues including climate, crime, equality, nature, poverty and health.
Contents

**General**
How do we frame ourselves out of this mess? .................................................................7
Messaging this moment: A Handbook for Progressive Communicators ............................7
Storytelling and social change: A guide for activists, organizations and social entrepreneurs ...........................................8
Vision, Values, and Voice: A Communications Toolkit ......................................................8

**Abortion**
Together for Yes ................................................................................................................9

**Animal Welfare**
Citizens’ and Farmers’ Framing of ‘Positive Animal Welfare’ and the Implications for  
Framing Positive Welfare in Communication .................................................................9
How Farm Animal Welfare Issues are Framed in the Australian Media ..............................10
Choosing effective frames to communicate animal welfare issues ....................................10

**Children – Poverty**
Telling a New Story About Child Poverty in New Zealand ..............................................11
Communicating Connections: Framing the Relationship Between Social Drivers, Early  
Adversity, and Child Neglect ...........................................................................................12
Attending to Neglect: Using Metaphors and Explanatory Chains to Reframe Child Neglect in the United Kingdom ....................................................12

**Climate**
How to Talk About Climate Change: A toolkit for encouraging collective action ...............13
Framing the Carbon Tax in Australia: An investigation of frame sponsorship and organisational influence behind media agendas .........................................................14
Establishing Common Ground: Finding Better Ways to Communicate About Climate Disruption .................................................................14
Climate Justice Narrative ..................................................................................................15
Let’s talk Climate: Messages to motivate Americans ..........................................................15

**Crime**
Expert and Public Narratives on Crime in New Zealand: Gaps and Opportunities  
to Communicate Reform ...............................................................................................16
New Narratives: Changing the Frame on Crime and Justice .............................................16

**Economy**
Framing the economy How to win the case for a better system .....................................17
How to talk about economics: A guide to changing the story ..........................................17
Don’t buy it: The trouble with talking nonsense about the economy ................................18
Framing the economy: The austerity story .........................................................................18

**Environment/Nature**
Framing Nature Toolkit ....................................................................................................19
How to tell compelling stories that move people to action: Narrative Handbook ...............19
Common Cause for Nature: A practical guide to values and frames in conservation ..........20

**Equality**
How to shift public attitudes on equality: A practical guide for campaigners and communicators .................................................................21
Framing Equality Toolkit ..................................................................................................21
It’s all in the frame: winning marriage equality in America ..............................................22
Health
Reframing the conversation on the social determinants of health .......................................................... 23

Homelessness
Reframing Homelessness in the United Kingdom..................................................................................... 24
Finding a Better Frame: How to Create More Effective Messages on Homelessness in the United Kingdom .......................................................... 24

Human Rights
Be the narrative: How changing the narrative could revolutionize what it means to do human rights . 25
A Brilliant Way of Living Our Lives: How to Talk About Human Rights .................................................... 25
A guide to hope based communications ................................................................................................... 26

Poverty, Race, Class
Framing Toolkit: Talking About Poverty ................................................................................................... 27
Greater than Fear Campaign in Minnesota ................................................................................................ 28
Race-Class: A winning electoral narrative ................................................................................................. 28
Communicating Race Class Video with Anat Shenker-Osorio .................................................................... 29
People Who Help People ............................................................................................................................. 29

Refugees and Migrants
Reframing Migration Narratives Toolkit ..................................................................................................... 30
Words that Work: Making the best case for people seeking asylum ........................................................ 30
Taking Refuge from Our Rhetoric: A Language Analysis on Behalf of Asylum Seekers & Refugees ...... 31
Changing the conversation about refugees ............................................................................................... 31

Sexual violence

Further resources
A Progressive’s Style Guide, Sumofus.org, 2016 ...................................................................................... 33
Social Justice Phrasebook, The Opportunity Agenda, [US], 2015 ........................................................... 33
How do we frame ourselves out of this mess?

Public Interest Research Centre PIRC, [UK], 2018, [Report]
https://publicinterest.org.uk/narrative-movement-review/

Social movements across Europe face some common framing challenges. PIRC asked over 200 campaigners—environmentalists, feminists, anti-racists, new economists, and many more—what we’re up against, analysed the trends and pulled together the key lessons.

Messing this moment: A Handbook for Progressive Communicators

Anat Shenker Osorio, Center for Community Change, [US], 2017, [Guide]

Video: https://vimeo.com/251549964

The rise of Trumpism has challenged progressives and is a threat to economic justice, racial and gender equality, a livable planet and global peace. The message and narrative challenges of the moment are critical and foreboding. This handbook is the culmination of a set of trainings, technical support and coaching for a talented array of communications professionals across the progressive landscape.
Storytelling and social change: A guide for activists, organizations and social entrepreneurs


https://workingnarratives.org/story-guide/

A guide for organizers, organizations, activists, artists, storytellers, social entrepreneurs, and anyone else who wants to create positive social change. The guide is bookended by an introduction and an afterword. In between, you’ll find thirty-two short chapters divided into four color-coded sections. The strategy section is about how to use storytelling to best effect in service of your cause. The storytelling section offers ideas on how to tell a good story. The methods section covers some techniques in storytelling. And the structure section looks at practical questions of how to incorporate storytelling into your everyday work. Following these sections is a series of case studies of foundation and nonprofit partners from the first edition of the guide.

Vision, Values, and Voice: A Communications Toolkit

The Opportunity Agenda, [US], 2013, [Toolkit]

https://www.opportunityagenda.org/explore/resources-publications/vision-values-voice

This kit provides guidance for developing values-based messages that engage core audiences, disrupt dominant narratives, and help shape the public dialogue. In addition to big picture thinking about communications strategy, you will also find tips and examples of a range of tactics, and concrete messaging guidance in the form of “opportunity flashcards” which provide short and easy-to-find advice and sample language on a range of social justice issues. This resource is for those working to influence public thinking about social justice issues over the long-term while also crafting effective short-term campaigns.
Abortion

Together for Yes

Brave New Words, (Ireland), 2019 [Podcast]

https://commonslibrary.org/brave-new-words-together-for-yes-ireland/

The Together for Yes coalition was able to broach what many in Ireland saw as an untouchable topic by listening closely to their target audiences and rewriting the playbook on how they described abortion and the people who have them. The podcast probes into the various pitfalls and messaging challenges inherent in not just debating abortion but driving voters to turn out in support of it.

Animal Welfare

Citizens’ and Farmers’ Framing of ‘Positive Animal Welfare’ and the Implications for Framing Positive Welfare in Communication

Belinda Vigors, Animals, 9 (4), [Scotland], 2019 [Journal article]

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6523948/

Human perception can depend on how an individual frames information in thought and how information is framed in communication. For example, framing something positively, instead of negatively, can change an individual’s response. This is of relevance to ‘positive animal welfare’, which places greater emphasis on farm animals being provided with opportunities for positive experiences. However, little is
known about how this framing of animal welfare may influence the perception of key animal welfare stakeholders. Through a qualitative interview study with farmers and citizens, undertaken in Scotland, UK, this paper explores what positive animal welfare evokes to these key welfare stakeholders and highlights the implications of such internal frames for effectively communicating positive welfare in society.

How Farm Animal Welfare Issues are Framed in the Australian Media

Emily Buddle & Heather Gray, Journal of Agricultural and Environmental Ethics (32), [Aus] 2019 [Journal article]


Analysis of media frames can reveal how issues are being made public and identify the cues that audiences are given to help them make sense of complex ethical issues. The researchers analysed articles published in the mainstream press in Australia between 2014 and 2016 related to farm animal welfare, and identified two dominant frames: that governments and the farm animal production industries cannot be trusted to ensure good farm animal welfare; and that consumers can act to improve animal welfare through ethical consumption. These frames have implications for how the Australian public interpret and understand the roles and responsibilities of different actors in the food production system.

Choosing effective frames to communicate animal welfare issues


https://www.researchgate.net/publication/236326504_Choosing_effective_frames_to_communicate_animal_welfare_issues

Animal welfare organisations use multiple communication frames, but it is unclear which ones are most effective in promoting attitudinal and behavioural change. This paper reviews framing techniques that draw on shocking imagery, measures of animal intelligence, societal norms and celebrity promotion. Societal norms and celebrity promotions have the greatest potential to modify attitudes and behaviour
as they are accessible and relevant to the general public, unlike frames promoting animal intelligence. Shock frames are also effective, but should be avoided as they may provoke audience backlash and reduce the credibility of the organisation.

**Children – Poverty**


**Telling a New Story About Child Poverty in New Zealand**

_The Workshop for The Policy Observatory, Auckland University of Technology, [NZ], 2018, [Report]_


Telling a new story about “child poverty” in New Zealand explores common core stories or cultural narratives about child poverty. The report discusses why these stories and narratives may hamper efforts to convince the public and policymakers to accept expert solutions. Importantly, the report highlights the double burden our stories can create for children and parents living without enough. The key purpose of the report is to help construct narratives that are more effective in promoting policy change. The report presents alternative frames and stories to tell, ones that will help the public and policymakers act on the expert solutions that are needed to ensure all children and families thrive. It is written as a resource for those working in child poverty research and policy.
Communicating Connections: Framing the Relationship Between Social Drivers, Early Adversity, and Child Neglect

Frameworks Institute, [UK], 2015, [Report]


This Message Brief summarizes findings from a set of studies of how the British public thinks about child maltreatment, and lays out a powerful, tested narrative that communicators can use to reframe public understanding of how social conditions contribute to early adversity in general, and child neglect in particular.

Attending to Neglect: Using Metaphors and Explanatory Chains to Reframe Child Neglect in the United Kingdom

Frameworks Institute [UK], 2015 [Report]

https://frameworksinstitute.org/assets/files/ECD/Attending_to_Neglect_UK_Final_low.pdf

This report details the results of a survey experiment testing the effectiveness of Explanatory Metaphors and Explanatory Chains for enhancing the British public’s understanding of child neglect: what neglect is, what causes neglect, and how neglect can be addressed through programs and policies. The results of this framing experiment demonstrate that the Explanatory Metaphor “Overloaded” and the Explanatory Chain “Equipping Parents” in particular increase knowledge about child neglect and increase public support for effective policy solutions. These framing strategies represent an important part of an emerging Core Story for communicating about child maltreatment in the UK.
Taking Responsibility for Solutions: Using Values to Reframe Child Maltreatment in the United Kingdom

Frameworks Institute [UK], 2014, [Report]

https://frameworksinstitute.org/assets/files/ECD/nspcc_values.pdf

This report details the results of an experimental survey of more than 6,500 Britons that explores the extent to which values-based messages and narratives affect attitudes about child maltreatment and support for relevant policies. The experiment demonstrates the power of the value of Social Responsibility to move attitudes and policy support about these issues in productive directions. It also describes how this value is particularly powerful when paired with facts about child maltreatment and discussion of effective solutions.

Climate

How to Talk About Climate Change: A toolkit for encouraging collective action

The Workshop & Oxfam New Zealand [NZ], 2019, [Toolkit]


This toolkit aims to support the use of strategies that inspire hope, build connections between people, open doors to people developing more productive understandings
of the causes of climate change, and encourages collective action on evidence-informed solutions, across local and international settings. The authors have drawn on on many disciplines from cognitive psychology, implementation science through to cognitive linguistics. The science of story takes us beyond repetition of the facts and framing of fears, and into the realms of storytelling with science.

Framing the Carbon Tax in Australia: An investigation of frame sponsorship and organisational influence behind media agendas

Darren Nelson [Aus], 2019, [Thesis]

This PhD thesis examines a dimension of framing theory that has long been acknowledged but not adequately explored – the influences of sources on media news stories and the concept of framing sponsorship. Using triangulated data from media content and textual analyses, source interviews and a public opinion survey, this study examines how the Carbon Tax was framed in its first three months as a policy direction in Australia.

Establishing Common Ground: Finding Better Ways to Communicate About Climate Disruption

Anthony D. Barnosky, Et al. [US], 2016, [Book chapter 9 from Bending the Curve: Ten scalable solutions for carbon neutrality and climate stability]
https://www.collabra.org/articles/10.1525/collabra.68/

This book chapter discusses findings from recent research on communication strategies that suggest the need for appropriate framing of the issues for diverse constituencies that have not been effectively reached. The authors suggest that by targeting specific audiences with appropriately framed information, the societal balance can be tipped from the current condition of a majority who are apathetic to a majority who become receptive to the reality of harmful climate disruption and the need to avoid it.
Climate Justice Narrative

Communications Hub, [US], 2016, [Toolkit]

https://climateaccess.org/resource/climate-justice-narrative

Communities of color and communities with low-income levels and wealth have been unrepresented in the mainstream environmental narrative. Considering climate change is an issue of economic and racial injustice, it is critical that the solutions and vision come from the communities most. This toolkit puts forward a values based unified narrative to fill that gap. It includes talking points and strategies based on research and interviews with leaders and members from the community.

Let’s talk Climate: Messages to motivate Americans

ecoAmerica, Et al., [US], 2015, [Report]


ecoAmerica’s climate messaging project develops and disseminates market-tested messages on climate solutions designed to engage Americans across political and demographic groups. The project employs qualitative and quantitative research methods to test specific words, phrases, and narratives that link climate change to mainstream American values and concerns. This project also tests narratives about climate tailored to people in faith, higher education, health, communities, and business.
Crime

Expert and Public Narratives on Crime in New Zealand: Gaps and Opportunities to Communicate Reform

The Workshop, [NZ], 2019, [Report]

This paper reports on the first phase of a larger research project looking at how to reframe the public conversation about crime and justice in Aotearoa New Zealand. It summarises research undertaken by The Workshop to understand how experts understand and frame criminal justice, how the public also does so, and where the opportunities for building new, more effective narratives may lie.

New Narratives: Changing the Frame on Crime and Justice

Frameworks Institute, [UK], 2016, [Guide]

This strategic guidance outlines a set of practical framing recommendations for advocates working to build public support for a system-oriented to rehabilitation, not punishment. The findings offer insight into narrative structure, values that reframe the purpose of the criminal justice system, and Explanatory Metaphors that help the public appreciate the problems associated with a punitive approach and the promise of a more restorative approach.
Framing the economy How to win the case for a better system

Public Interest Resource Centre PIRC, Et al. [UK], 2018, [Report]

https://commonslibrary.org/framing-equality-toolkit-2/

The PIRC, the New Economics Foundation, NEON and the FrameWorks Institute have launched two story strategies that progressives can use to shift thinking on the economy. They’re built on values and metaphors that encourage the hope that change is possible and increase people’s support for progressive policies.

How to talk about economics: A guide to changing the story

Australian Progress [Aus], 2018, [Report]


Australian Progress analysed the language people in Australia use to speak about economics (and tax, welfare, aid, privatisation, work and more). These new messaging resources will be useful for communicators, campaigners and advocates for more progressive economic policy.
Don’t buy it: The trouble with talking nonsense about the economy

Anat Shenker-Osorio, [US], 2012, [Book]

https://asocommunications.com/writing

Anat Shenker-Osorio diagnoses economic discourse as stricken with faulty messages, deceptive personification, and a barely coherent concept of what the economy actually is. Cutting through conservative mythmaking, messaging muddles, and destructive misinformation, this book outlines a new way to win the most important arguments of our day. The left doesn’t have to self-destruct every time matters economic come to the fore—there are metaphors and frames that can win, and Shenker-Osorio shows what they are and how to use them.

Framing the economy: The austerity story

NEF, [UK], 2013, [Report]

https://neweconomics.org/2013/09/framing-the-economy

The austerity story can be defeated, if its opponents identify and activate their own powerful frames. The frames must be developed from values and resonate with public opinion. They must be tested and refined based on what works. We outline some frames we believe could be used to build a new narrative and a story that brings them together.
Environment/Nature

Framing Nature Toolkit

Public Interest Resource Centre PIRC [UK], 2018, [Guide]


This guide shows that our choice of words is just as important as any other decision we make in conservation. It explains what framing is and how use it can be used to create a better world for wildlife. Communication with an understanding of framing is more likely to convince, motivate and inspire people to help a cause. The toolkit includes exercises and examples to enable you to put framing into practice, whatever role you play in advocating for nature.

How to tell compelling stories that move people to action: Narrative Handbook

Australian Conservation Foundation [Aus], 2016, [Guide]


This handbook is the result of over a year’s qualitative and quantitative research on the discourses of the environment movement, industry, government, media and pop culture. The Australian Conservation Foundation’s (ACF) workshopped draft narratives with people from the ACF community and beyond and decided to share their important research and learnings with everyone through this handbook. It introduces some key principles, techniques and tools so you can craft a compelling
narrative that will motivate and mobilise communities. It will help you create a coherent story that can engage and strengthen the values that will, over the long term, engage more people more strongly in our cause.

**Common Cause for Nature: A practical guide to values and frames in conservation**

*Common Cause [UK], 2013, [Guide]*

[https://commonslibrary.org/common-cause-for-nature/](https://commonslibrary.org/common-cause-for-nature/)

The research is based in the analysis set out in Common Cause, drawing on social psychology and linguistics, showing that there are competing sets of human values within each of us which can be encouraged and discouraged by language and experience. The guide includes recommendations based on these findings: both for communications and for the wider experiences that NGOs create on a daily basis: at reserves, in volunteer schemes, and through advocating for policies that change society.
Equality

How to shift public attitudes on equality: A practical guide for campaigners and communicators

Equally Ours, [UK], 2019, [Guide]


This guide aims to equip campaigners and communicators to change hearts and minds on equality. There’s a growing body of evidence that we can move the needle on public attitudes if we understand what people really think and feel about an issue and why and communicate by connecting with deeply held values. This guide applies a strategic communications approach to the challenge of showing inequality as structural – deeply embedded in our society and institutions, rather than the responsibility of individuals. It aims to shift thinking away from the belief that anyone can be a successful ‘self-made person’, and towards a recognition that there are still major structural barriers to equality.

Framing Equality Toolkit

ILGA Europe & PIRC [UK], 2017, [Toolkit]

https://commonslibrary.org/framing-equality-toolkit/

This toolkit is a short guide to strategic communications, based on extensive research and building on the experience of activists and communicators from around the globe. It aims to provide a framework rather than a blueprint; helping you
to ask the right questions rather than giving you the right answers. It's designed to be helpful for anyone who communicates as part of their voluntary or paid work. It’s written with a focus on European LGBTI activists it will be useful to others with a similar vision.

**It’s all in the frame: winning marriage equality in America**

*Open Democracy, 2015, [Article]*


This article outlines the process the US gay rights movement went through to reframe marriage equality. The marriage movement invested in a strategic communications operation, both nationally and in dozens of states. It was this data-driven communications machine—which was always turned on—that caused support for marriage equality to skyrocket 20 points in just a decade.
Despite extensive evidence for the impact of social determinants on people’s health, public discourse and policy action is limited in acknowledging the role that societal factors such as housing, education, welfare and work play in shaping people’s long-term health. There are many reasons for this, but one factor that merits greater attention is the way in which the evidence is communicated to and understood by the public. The FrameWorks Institute has identified a range of ‘cultural models’—common but implicit assumptions and patterns of thinking—that give deeper insight into how people think about what makes them healthy. Understanding which cultural models promote—or obscure—people’s awareness of the importance of social determinants is an important first step in developing effective ways of framing the evidence.
Reframing Homelessness in the United Kingdom

Frameworks Institute, [UK], 2018, [Report]

http://frameworksinstitute.org/reframing-homelessness-in-the-uk.html

This research involved street interviews, face to face testing and a series of experimental surveys with over 10,000 people. It concludes that strategies exist to shift public thinking in new directions can be achieved by telling a new story about homelessness.

Finding a Better Frame: How to Create More Effective Messages on Homelessness in the United Kingdom

Frameworks Institute, [UK], 2017, [Report]

http://frameworksinstitute.org/reframing-homelessness-in-the-uk.html

This report explores public thinking about homelessness in the United Kingdom and documents how the issue is framed in advocacy and media materials. It offers advocates an initial framing strategy to help expand public understanding of homelessness and build public will for solutions.
Human Rights

Be the narrative: How changing the narrative could revolutionize what it means to do human rights

JustLabs and the Fund for Global Human Rights (FGHR), [Global], 2019, [Report]

https://www.justlabs.org/be-the-narrative

Changing narratives about human rights requires bold changes in how we think about and do human rights work. Based on work with 12 organizations around the world, JustLabs and the Fund for Global Human Rights discuss the experimentation process for producing new human rights narratives and lay out tactical, organizational, and field-wide changes for making the human rights movement durable and effective.

A Brilliant Way of Living Our Lives: How to Talk About Human Rights

Anat Shenker-Osorio, [US], 2018, [Report]


Using language data from advocacy, opposition, political speech and popular culture, Anat Shenker-Osorio analyzed why certain messages resonate where others falter in the human rights sector in Australia, the UK and the US. Complementing this written discourse were 53 interviews with advocates in these three countries in order to draw out what we wish people believed. Recommendations here also draw upon
previous research and empirical testing across issues related to human rights.

A guide to hope based communications

OpenGlobalRights, [US], no date, [Guide]

https://www.openglobalrights.org/hope-guide/

A hope-based communications strategy involves making five basic shifts in the way we talk about human rights: Talk Solutions; What we stand for; Create opportunities; Support for heroes; and Show the “we got this”. This guide includes videos and action steps to spread hope about human rights.
Poverty, Race, Class

Talking about Poverty and Welfare Reform: A Guide to Strategies that Work in Aotearoa New Zealand

The Workshop [NZ], 2019, [Guide]


The Workshop undertook research to identify messages that: improve the New Zealand public’s understanding of the causes of poverty; improve their understanding of the role of benefits in overcoming poverty; and increase their willingness to act to do something about poverty. Rigorous methodology was used to test the effect of these messages. The findings identify the most effective messages. Recommendations cover values, metaphors, positive vision, and communicating a causal chain. A short user-friendly guide is also available.

Framing Toolkit: Talking About Poverty

Joseph Rowntree Foundation & FrameWorks Institute, [UK], 2019, [Toolkit]


Compassion and justice are values that underpin our society – we believe in helping each other out when we’re having a tough time. We need to make sure those values underpin the way we talk about poverty too. This toolkit includes how to build lasting support to solve UK poverty; a 10-step guide for communicating more effectively about poverty; 5 doodles that help make sense of UK poverty; and how campaigners
can tell a different story. It draws on recommendations from the FrameWorks Institute’s research into public attitudes to poverty in the UK, involving 20,000 people.

**Greater than Fear Campaign in Minnesota**

**Brave New Words Podcast, [US], 2019, [Podcast]**

[https://commonslibrary.org/brave-new-words-greater-than-fear-minnesota/](https://commonslibrary.org/brave-new-words-greater-than-fear-minnesota/)

This podcast hosted by Anat Shenker-Osorio outlines how, through rounds of research and strategic implementation of findings, a coalition of grassroots and labor groups found a narrative that speaks to both race and class concerns. From a 43,000 person celebration of the Muslim holiday Eid-al-Adha, to carefully considered door-knocking operations, to interactive social media memes, the Greater Than Fear campaign showed that we can simultaneously drive turnout from our base and persuade the middle.

**Race-Class: A winning electoral narrative**

**DEMOS, [US], 2019, [Report]**


This research demonstrates how to energize and persuade a truly multi-racial cohort to vote for progressive candidates and policies. The key for cross-racial solidarity, voter engagement, and policy victories is mobilizing around the connections between racial divisions and economic hardship. Here, for the first time, is empirical data that support tackling racism as a divide-and-conquer tactic that creates distrust, undermines belief in government, and causes economic pain for everyone, of every color.
Communicating Race Class Video with Anat Shenker-Osorio

[US], 2018 [Video]

https://commonslibrary.org/communicating-race-class/

Anat Shenker-Osorio shows how to apply research findings around communicating about race and class to the increasing white nationalism, xenophobia and race-based attacks that punctuate politics around the globe.

People Who Help People

Consumer Action Law Centre, [Aus], 2017, [Report]


‘People who help people’ gives a range of practical tips consumer advocates and financial counsellors can use to improve their messaging. Consumer advocates and financial counsellors change lives – by changing the way they use language, they can change even more lives.
Refugees and Migrants

Reframing Migration Narratives Toolkit

International Centre for Policy Advocacy, [Germany], 2019, [Toolkit]

https://www.narrativechange.org

A set of resources for progressive campaigners working to put diversity and inclusion back on the public/policy agenda and counter populist narratives. Includes ten case studies.

Words that Work: Making the best case for people seeking asylum

Asylum Seeker Resource Centre [Aus], 2015, [Report]

Podcast: https://commonslibrary.org/brave-new-words-people-seeking-asylum-australia/

In 2015, the Asylum Seeker Resource Centre (ASRC) worked with Australian Progress’ Expert-In-Residence Anat Shenker-Osorio and Australian researchers to complete extraordinary new research into the words that work for talking about people seeking asylum. Despite many Australians from all walks of life arguing for more humane treatment of people seeking asylum, bipartisan policy has moved in the other direction and broader community attitudes continue to harden. It is clear that humane and lasting policy change will require changing how we make the case for it. This new research includes tested messages that could reach much more of
the community, and our political leaders, to kickstart a new, more hopeful national
discussion.

**Taking Refuge from Our Rhetoric: A Language Analysis on Behalf of Asylum Seekers and Refugees**

*ASO Communications [US], 2015, [Report]*


A report on the language analysis which informed the Words that Work report summarised above.

**Changing the conversation about refugees**

*Anat Shenker-Osorio, [US], 2017 [Video]*


Anat Shenker-Osorio, a communications expert and political pundit, has a few things
to say about the way we talk about subjects as far-reaching as immigration and the
economy.
American Perceptions of Sexual Violence: A FrameWorks Research Report

Frameworks Institute, [UK], 2010, [Report]

http://frameworksinstitute.org/sexual-violence.html

This report illustrates the results of a cross-national study based on in-depth interviews from both experts and average Americans on Sexual Violence. This study comprises the following three components: 1) an analysis of the discourse on sexual violence from expert interviews, 2) one-on-one cognitive interviews with Americans, and 3) a comparative analysis that “maps the gaps” between expert and lay understandings of this topic. The report concludes with a set of recommendations that will improve communications practice around this issue and inform the next phase of research.
Further resources


https://behavioralpolicy.org/wp-content/uploads/2017/05/BSP_vol1is1_Schwarz.pdf?fbclid=IwAR0Ola8BRN0SsywUWjDa-BLZ3LF_QCAVmFmO5QEAANcG22ZfC4mNlYSmzk

A Progressive’s Style Guide, Sumofus.org, 2016


Social Justice Phrasebook, The Opportunity Agenda, [US], 2015

https://www.opportunityagenda.org/explore/resources-publications/social-justice-phrase-guide